

New Zealand Certificate in Health and Wellbeing (Level 3) with strands in Health Assistance and Support Work

The New Zealand Certificate in Health and Wellbeing (Level 3) has strands in Health Assistance and Support Work and focuses on providing person-centred support in health and wellbeing sectors.

The **Health Assistance** strand is to recognise the skills and knowledge required to provide person-centred health care under the direction and delegation of a health professional. Graduates may be employed as healthcare assistants in a range of settings i.e. acute care, aged residential care and therapeutic programmes.

The **Support Work** strand is to recognise the skills and knowledge required to provide person-centred support which maximises independence. Graduates may be employed in a range of roles supporting people in the community including disability and aged support.

Programme Summary: Both Strands

Programme Length	17 weeks, full-time
Delivered at	Petone Campus
Programme Dates	Offering 1: March 2021 Offering 2: July 2021
Learning Mode	This programme uses blended learning methods for delivery that combines face to face, online delivery and work-integrated learning. Students will have workplace experience relevant to their programme of study and blended learning provides increased flexibility for a study/work/life blend. Students will also need to be able to study from home should Covid-19 Alert Levels change.
Hours on Campus	18 hours per week blended face-to-face support and online learning (as the weeks progress the times and teaching days will vary).
Programme Fees	This programme is free under the Targeted Training and Apprenticeship Fund (TTAF). This fund covers fees only; any additional course related costs are not included. Free fees apply to domestic students only.
Workplace Hours	Minimum of 100 and up to 220 hours of supervised work experience.
Independent Study	12 hours of self-directed learning with tutorial support per week (as the weeks progress the times will vary).
Required Course Related Costs	Polo shirt Black trousers Footwear that will comply with health and safety regulations Laptop

Programme Content

Each strand consists of four courses, with the three core courses below and one strand specific course:

Course	Aim
HWB3001 (15 credits) Holistic and Ethical Approaches in a Health and Wellbeing Setting	To gain knowledge and skills to apply knowledge of professional and ethical behaviour, describe a person's holistic health and communicate effectively in a health and disability context.
HWB3002 (15 credits) Recognising and Responding to Individual Needs	To gain knowledge and skills to describe specific health conditions and their impacts, apply a person-centred approach and provide support to people from different cultures.
HWB3003 (15 credits) Supporting Safety and Inclusion	To gain knowledge and skills to respond to health-related changes in people and signs of vulnerability and abuse; provide support to people with challenging behaviour and apply health and safety and security practices.

Health Assistance Strand

HWB3004 (25 credits) Health Assistance	To gain knowledge of procedures for infection control, pressure injuries and pressure care, describe factors leading to falls and how to minimise these, support a person in terms of personal care needs and how to use assistive equipment and move.
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Support Work Strand

HWB3005 (25 credits) Support Work	To gain knowledge to describe community values and attitudes and their impacts; the value of relationships and factors contributing to mental health wellbeing and problems. Support and mentor a person to develop and achieve goals, maximise independence and participate as a member of the community.
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Further Study Options

Graduates may progress on to further study in related health and wellbeing contexts, or in leadership and management.

Graduates may progress onto:

- New Zealand Certificate in Health and Wellbeing (Social & Community Services) (Level 4)
- New Zealand Certificate in Career and Study Preparation (Level 4)
- New Zealand Diploma in Enrolled Nursing (Level 5)

Student Support

At Whitireia and WelTec, we are committed to our students' success and therefore offer a range of services to meet the learning needs of individual students. These include Learning Support Services where one-to-one and small group assistance, peer tutoring, workshops and study skills sessions on a variety of topics, and online material are available.

To increase our students' chances of success, we provide support for our students in other ways such as access to financial advice, counselling, childcare facilities, and a service for students who have a disability, illness, or health problems that may impact on their studies.

Māori and Pacific Engagement Advisors are available to provide pastoral care for Māori and Pacific students, and information on alternative support networks and grants.

Entry Requirements

NCEA Level 1 or equivalent qualification/work experience **AND** evidence of suitability based on interview, health declaration, safety check under the Children's Act (2014) and referee reports.

Work experience agencies may require health checks before accepting the student on a work placement. These requirements are discussed with all potential students at their interview before acceptance onto the programme.

International Students

IELTS 5.5 with no band lower than 5.0, or equivalent.

Application Closing Date: Friday 29 January 2021

Applications received after this date will only be processed if places are still available.

How to Apply

1. We recommend you apply online from the WelTec website.
2. Before you start your online application, you will need to have the following documentation available to upload when requested:
 - Completed 'Supplementary Application for Health & Social Services Programmes' *
 - Referee reports * (refer to step 3 below)
 - Verified ID
 - Verified official transcripts

* These additional forms are available on the programme webpage.

3. Give the referee reports to two people who are willing to be your referees. Ask them to complete the forms and either return to yourself (so you can upload with your application), or scan and email to enrolments@weltec.ac.nz within **10** days. Please note applications will not be processed until both referee reports have been received.

4. Alternatively, completed applications can be printed off and mailed or dropped into:

Enrolments, WelTec
Private Bag 39803
Wellington Mail Centre
Lower Hutt

Enrolments, WelTec
21 Kensington Avenue
Petone

Application Process

1. We will confirm receipt of your application by email.
2. Completed applications will be forwarded to the School to review. If your application is incomplete you will be emailed and asked to provide the missing documentation.
3. Applications are processed in order, by the date the School receives the completed application. **Important note:** Occasionally, due to demand, all places in a programme may be allocated **before** the programme closing date. We recommend you apply early and ensure your application is complete.
4. Applicants who meet the entry requirements will be interviewed by members of the Selection Committee to determine their suitability.
5. Applicants who do not meet the entry requirements will be contacted and advised of other possible pathways i.e. completion of a foundation programme.

Further Information

Should you have any questions, please contact:

Enrolment Advisor
Phone: 0800 944 847