

## Bachelor of Counselling and Addictions Practice (BCAP) Year 1 Book list for 2019

Course No.	Course Name	Recommended Text(s)
AC5100	Introduction to Psychology and Human Development	Weiten, W (2016) <i>Psychology: Themes and variations</i> (10 Ed.). OH, United States. Wadsworth Cengage Learning. ISBN: 9781305498204
AC5101	Te Reo Māori and Tikanga	No Texts Recommended
AC5102	Te Mana o Te Tiriti o Waitangi	No Texts Recommended
AC5103	Society and Social Justice	No Texts Recommended
AC5104	Introduction to Addictions and Mental Health	No Texts recommended
AC5105	Family, Whānau and Community Wellbeing	No Texts recommended
AC5106	Introduction to Professional Practice. Practicum 1	<p>1. Geldard, D., Geldard, K., &amp; Foo, R. Y. (2016). <i>Basic personal counselling : A training manual for counsellors</i>. Melbourne, VIC: Cengage Australia. (Not available On-line)</p> <p><b>OR older version</b> Geldard, K., &amp; Geldard, D. (2012). <i>Basic personal counselling: A training manual for counsellors</i>. (7th Ed). Frenchs Forest NSW : Pearson Australia (Not available On-line)</p> <p><b>OR online alternative</b> Geldard, K., &amp; Geldard, D. (2012). <i>Personal counseling skills: An integrative approach</i> (Revised first ed.). Springfield, Illinois: Charles C. Thomas. (Full Text Online via Library website &amp; ProQuest)</p> <p>2. McLeod, J. (2013). <i>An introduction to counselling</i> (5th ed.). Maidenhead, England: McGraw-Hill. (Full Text Online via Library website &amp; ProQuest)</p>