

HWB3001: Holistic and Ethical Approaches in a Health and Wellbeing Setting

Level	3	
Credits	15	
Pre-requisites	Nil	
Learning hours	Tutor-directed	60
	Self-directed learning	58
	Practical	32

Aim

To gain skills and apply knowledge of professional and ethical behaviour, describe a person's holistic health and communicate effectively in a health and disability context.

Learning Outcomes

By the end of this course the student will be able to:

1. Demonstrate and apply knowledge of professional and ethical behaviour in a health or wellbeing setting.
2. Describe a person's holistic health in a health or wellbeing setting.
3. Describe barriers to effective communication and demonstrate and apply communication skills to support a person's wellness in a health or wellbeing setting.

HWB3002: Recognising and Responding to Individual Needs

Level	3	
Credits	15	
Pre-requisites	Nil	
Learning hours	Tutor-directed	60
	Self-directed learning	58
	Practical	32

Aim

To gain knowledge and skills to describe specific health conditions and their impacts, apply a person-centred approach and provide support to people from different cultures.

Learning Outcomes

By the end of this course the student will be able to:

1. Demonstrate knowledge of specific health conditions and their impacts in a health or wellbeing setting.
2. Describe and apply a person-centred approach in a health or wellbeing setting.
3. Provide support to people from different cultures in a health and wellbeing setting.

HWB3003: Supporting Safety and Inclusion

Level	3	
Credits	15	
Pre-requisites	Nil	
Learning hours	Tutor-directed	60
	Self-directed learning	58
	Practical	32

Aim

To gain knowledge and skills to respond to health related changes in people and signs of vulnerability and abuse; provide support to people with challenging behaviour and apply health and safety and security practices.

Learning Outcomes

By the end of this course the student will be able to:

1. Observe and respond to health related changes in people in a health or wellbeing setting.
2. Recognise and respond to signs of vulnerability and abuse in a health or wellbeing setting.
3. Provide support to a person with challenging behaviour in a health or wellbeing setting.
4. Apply health and safety and security practices in a health or wellbeing setting.

HWB3004: Health Assistance

Level	3
Credits	25
Pre-requisites	Nil
Learning hours	Tutor-directed 60
	Self-directed learning 124
	Practical 66

Aim

To gain knowledge of procedures for infection control, pressure injuries and pressure care, describe factors leading to falls and how to minimise these, support a person in terms of personal care needs and how to use assistive equipment and move.

Learning Outcomes

By the end of this course the student will be able to:

1. Demonstrate knowledge of procedures for infection control in a health or wellbeing setting.
2. Describe risks, impacts and actions for falls, and minimise risk of falls in a health or wellbeing setting.
3. Support a person to meet personal care needs in a health or wellbeing setting.
4. Demonstrate knowledge of pressure injuries and pressure care in a health or wellbeing setting.
5. Support people to use assistive equipment and move in a health or wellbeing setting.