

HWB3001: Holistic and Ethical Approaches in a Health and Wellbeing Setting

Level	3	
Credits	15	
Pre-requisites	Nil	
Learning hours	Tutor-directed	60
	Self-directed learning	58
	Practical	32

Aim

To gain skills and apply knowledge of professional and ethical behaviour, describe a person's holistic health and communicate effectively in a health and disability context.

Learning Outcomes

By the end of this course the student will be able to:

1. Demonstrate and apply knowledge of professional and ethical behaviour in a health or wellbeing setting.
2. Describe a person's holistic health in a health or wellbeing setting.
3. Describe barriers to effective communication and demonstrate and apply communication skills to support a person's wellness in a health or wellbeing setting.

HWB3002: Recognising and Responding to Individual Needs

Level	3	
Credits	15	
Pre-requisites	Nil	
Learning hours	Tutor-directed	60
	Self-directed learning	58
	Practical	32

Aim

To gain knowledge and skills to describe specific health conditions and their impacts, apply a person-centred approach and provide support to people from different cultures.

Learning Outcomes

By the end of this course the student will be able to:

1. Demonstrate knowledge of specific health conditions and their impacts in a health or wellbeing setting.
2. Describe and apply a person-centred approach in a health or wellbeing setting.
3. Provide support to people from different cultures in a health and wellbeing setting.

HWB3003: Supporting Safety and Inclusion

Level	3	
Credits	15	
Pre-requisites	Nil	
Learning hours	Tutor-directed	60
	Self-directed learning	58
	Practical	32

Aim

To gain knowledge and skills to respond to health related changes in people and signs of vulnerability and abuse; provide support to people with challenging behaviour and apply health and safety and security practices.

Learning Outcomes

By the end of this course the student will be able to:

1. Observe and respond to health related changes in people in a health or wellbeing setting.
2. Recognise and respond to signs of vulnerability and abuse in a health or wellbeing setting.
3. Provide support to a person with challenging behaviour in a health or wellbeing setting.
4. Apply health and safety and security practices in a health or wellbeing setting.

HWB3005: Support Work

Level	3
Credits	25
Pre-requisites	Nil
Learning hours	Tutor-directed 60
	Self-directed learning 124
	Practical 66

Aim

To gain knowledge to describe community values and attitudes and their impacts; the value of relationships and factors contributing to mental health wellbeing and problems. Support and mentor a person to develop and achieve goals, maximise independence and participate as a member of the community.

Learning Outcomes

By the end of this course the student will be able to:

1. Describe community values and attitudes and their impact on people with disabilities in a health or wellbeing setting.
2. Describe the value of relationships in people's lives in a health or wellbeing setting.
3. Support a person to develop and achieve goals in a health or wellbeing setting.
4. Support, mentor and facilitate a person to maximise independence in a health or wellbeing setting.
5. Support a person to participate as a member of the community in a health or wellbeing setting.
6. Describe factors that contribute to mental health wellbeing and mental health problems in a health or wellbeing setting.