

# Tūāpapa



# Whitireia nursing student completes year one with the help of free foundation courses

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At 46, a solo Mum with one child, Wendy Polaczuk was nervous she had left it too late to make her dream come true of becoming a nurse. Having worked as a cleaner and in hospitality to make ends meet while her child was young, enrolling in a degree seemed too far a stretch. "It has been a long time since I have done academics!" said Wendy who is one of 10 siblings and went to school in Lower Hutt. But Whitireia offered Wendy free access to Tūāpapa study modules as a way for her to re-enter the world of study with confidence.

Prior to starting year one in the nursing degree at Whitireia, Wendy completed three Tūāpapa modules to prepare her for the year ahead. It worked - Wendy found the modules were a perfect way for her to get started and she has just successfully completed year one of her degree with flying colours.

Whitireia and WelTec introduced the Tūāpapa study modules to help ākonga (students) like Wendy build confidence and get one step ahead before starting their study programmes. The modules are done online in a student's own time with support from tutors.

Wendy completed modules in academic writing, academic research and a cardiovascular module.

"Having brushed up my writing and research skills, and taking on board some medical knowledge prior to starting my year was a huge help. It also helped me with time management," said Wendy.


Tūāpapa was launched in 2022 to replace the foundation and bridging qualifications at Whitireia and WelTec enabling ākonga to start on their chosen course of study and fill any gaps beforehand or alongside with dedicated tutors from Tūāpapa. The objective is that ākonga have less debt and can finish faster without the need for a preparatory year of foundational study.

Since launching Tūāpapa, Whitireia has had over 500 ākonga enrol in the online study modules. Content is continually refined and streamlined to directly respond to the learning needs of ākonga. Tūāpapa has been, and continues to be, a journey towards ensuring Whitireia and WelTec respond to the changing needs of ākonga.

Tūāpapa provide free modules and micro-credentials as well as online resources through the Tūāpapa Online Study Hub. From time management to academic writing and AI. The Tūāpapa micro-credentials provide short, engaging, interactive learning. These can be done before beginning a programme of study and will be completed over a 4-6 week period. Up to 3 micro-credentials can be taken at a time and are NZQA approved showing on a record of study.

# Tūāpapa

 Part time, flexible

 FREE

Do you want to build on your current skills and develop the academic skills needed for study? Our FREE Tūāpapa resources will support your academic achievement and can be done either before your programme of study, or alongside your study.

## What is Tūāpapa?

### Tūāpapa Online Study Hub

Tūāpapa Online Study Hub is a free resource hub filled with resources to support your study. From time management to academic writing and AI, the Tūāpapa Study Hub has many resources to help you achieve your best.

### Tūāpapa Kaiako

We have a number of programmes with dedicated Tūāpapa kaiako to assist and help you along your study journey.

### Tūāpapa Short Courses

Tūāpapa short courses provide short, engaging, interactive learning. If you do these before you begin your programme of study they will be completed over a 4-6 week period and up to 3 short courses can be taken at a time. Tūāpapa short courses are NZQA approved and will show on your record of study upon successful completion of any required assessments.

### Academic Writing (Level 2)

This four-week course is an introduction to the vocabulary, structure, and formal style of academic writing. It will guide you through interactive readings and activities that will familiarise you with the types of writing that you will encounter throughout your tertiary study.

### Academic Skills (Level 3)

This six-week course covers some skills necessary in tertiary study. There is a focus on the importance of

finding relevant information to support your writing. This course includes exercises that will help you plan essays, write paragraphs and introduce referencing. This course is relevant for ākongā entering a diploma level programme.

### Academic Skills (Level 4)

This six-week course is a more comprehensive look at the skills necessary in tertiary study. There is a focus on the importance of finding relevant academic information to support your writing and referencing of information. The course includes exercises to help you develop your essay writing abilities. This course is relevant for ākongā entering a degree level programme.

### Cardiovascular and Pulmonary Systems (Level 3)

This is a four week course that explores how the heart works and its anatomy. It also covers issues like heart attacks and rheumatic fever. You'll learn about blood vessels (arteries, veins, and capillaries) and how the lungs help with breathing. This course will give you an excellent foundation to build on.

### The Homeostasis System and Cells (Level 4)

This four week course explores what makes up different body cells and relates the processes that cells go through in supporting normal body cell function. It also introduces Homeostasis in the body and guides you through some examples of Homeostasis while looking into different feedback systems.

### Flexible study options

If you're interested in Tūāpapa short courses, we offer start dates that allow completion before your programme begins. For more information, [chat to our Kaimahi](#).

You can study either fully online or you can choose to study online and attend tutorials at the Petone/Porirua campus. Content will be delivered via Moodle (our online learning platform). This will require you to have a computer/laptop and internet access at home. A tutor will be there to support you on your journey through the short courses.

Completion of the Tūāpapa short courses will not affect your fees free eligibility.

### Entry requirements

These short courses are in place for ākongā who have enrolled in a Whitireia or WelTec programme.

Disclaimer: The information contained in this document is correct at the time of print. Whitireia and WelTec | Te Pūkenga reserves the right to cancel or postpone any of the programmes, and shall not be liable for any claim other than the proportion of programme fees that the cancelled portion bears. Some programmes may be dependent upon formal approval from NZQA (New Zealand Qualifications Authority), TEC (Tertiary Education Commission) funding allocation, and the number of enrolments. As part of the NZQA targeted review of all Level 1-6 New Zealand qualifications, there may still be changes to some programmes starting in 2024. Fees, programmes, entry and selection criteria, and dates, are subject to change. Please check the relevant programme pages at [whitireiaweltec.ac.nz](http://whitireiaweltec.ac.nz) for up-to-date information and full entry regulations before applying to enrol. Information regarding English language requirements is available on each course page at [whitireiaweltec.ac.nz](http://whitireiaweltec.ac.nz).

## **How to apply**

You can apply for your programme through the online application form as normal. During the application process you may be recommended to complete short courses or you may choose to complete short courses to support your study success. If you choose to complete short courses you can enrol by emailing [enrolments@wandw.ac.nz](mailto:enrolments@wandw.ac.nz).